

QUICK START GUIDE



UPDATE YOUR IOS

Perform all software updates to bring your iPhone and Apple Watch to the latest version of iOS.



REGISTER IN THE PATIENT PORTAL

Follow the link in your email to create a Patient Portal account. This is **different** than your subscription account!



ADD YOUR CAREGIVERS

In the Patient Portal, click "Manage Caregivers" and add their information. *Note : Caregivers MUST click a link in their email to confirm they would like to receive alerts.



SEND A TEST ALERT

Download the App to your Watch and tap the "i" button to send a test alert. Caregivers that confirmed receipt (see Step 3) should receive a Test Alert message!

FOR MORE TIPS, VISIT OUR FAQ PAGE

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